



August 19 - 25

New Richmond,
are you up to the challenge?

CHALLENGE: 1 Million Calories

Group Calorie Burning Opportunities:

10, 8, or 6.2 Mile Training Run w/ NR Running Club

Sunday, August 19 @ 7am
Mary Park

Boot Camp w/ Sara Rogers

Monday, August 20 @ 6pm
Starr Elementary

Group Walk w/ Steph Hoff

Tuesday, August 21 @ 6pm
John Doar History Trail

Bike Ride w/ Rick Nelson

Wednesday, August 22 @ 5pm
Gibby's on W North Shore Drive

Yoga on the Lawn w/ Wendy Dadez

Thursday, August 23 @ 6pm
Westfields Hospital & Clinic

Pickleball

Friday, August 24 @ 9am
The Centre

Corn Fest 5K (fee benefits NR Pathways)

Saturday, August 25 @ 9am
The Centre

Strong Human Competition

Saturday, August 25 @ 9am
The Centre

If you LIVE, WORK, or PLAY in New Richmond, we need you!

Includes FREE week at the Centre

Run, bike, swim, and move your way
to the community goal of 1M calories

Easy to submit your calories. An activity chart will be
provided.

\$6000 will be donated towards New Richmond
trails & pathways if we hit our goal!

Family Fresh will provide a \$100 gift card to 5 lucky
participants. Improve your odds by taking part in group
opportunities.

More info and registration at www.nracentre.com/million

Million Calorie Burn Brought To You By:



New Richmond
Pathway Committee

www.nracentre.com/million



Registration Form

425 E 5th St
New Richmond WI 54017
715-246-2252
www.nracentre.com

ADULT OR PARENT/GUARDIAN INFORMATION

Last Name _____ First Name _____ MI _____
Address _____ City _____ State _____ Zip _____
Phone _____ Email _____
Emergency Contact Name _____ Emergency Contact Phone _____

PARTICIPANT & PROGRAM INFORMATION

First & Last Name	Birth Date	Centre Member	Gender	Program Name	Date(s)	Day(s)	Time	Rate
		Y N	M F					
		Y N	M F					
		Y N	M F					
		Y N	M F					

To receive the member rate for programs, participants (including children), must be a Centre member.

If registering for child care programs or personal training, paperwork is: on file attached

How did you hear about this program? Program Guide Flyer Friend
 Facebook Lobby TV Other
 Website Bulletin Board

RELEASE AND WAIVER OF LIABILITY

All members and community participants are required to present a valid membership card or photo identification when using or to gain access to Centre facilities and programs. Membership privileges and cards are not transferable and remain the property of the New Richmond Area Centre, Ltd., and must be returned upon request.

I understand and agree that I, and my family, are solely responsible for determining whether my health condition is proper to allow me to participate in athletic, sports or activities programs or the use of any equipment. I agree that the New Richmond Area Centre, Ltd. its officers, agents and employees are not responsible for any injuries or illnesses that I may suffer as a result of participation in any activity sponsored by the Centre or resulting from the use or misuse of any equipment. I explicitly release and discharge the New Richmond Area Centre, Ltd. and its officers, agents and employees from any claim for injury, death, loss or damage I may suffer as a result of activities at the Centre facility or sponsored by the Centre.

The New Richmond Area Centre, Ltd. periodically takes pictures of members and participants to use for promotional purposes and program materials including program brochures and the New Richmond Area Centre, Ltd. website. If you do not want pictures of yourself or your family used in this way, please visit Welcome Center.

I understand that in the event my child needs immediate medical attention for injuries received while participating in a Centre program, I authorize Centre staff to give my child reasonable first aid, and to arrange transport of my child to a health care facility for emergency services as needed. I hereby acknowledge that the Centre will assume that either parent of the child may pick up the child at any time during the program unless there is pertinent court documentation on file at the Centre that indicates otherwise.

I understand and agree that the New Richmond Area Centre, Ltd. is not responsible for any property lost or stolen at the Centre's premises or while I am participating in any Centre activity.

Adult or Parent/Guardian Signature _____ Date _____

CENTRE USE

Payment Type
Payment Amount

Date Paid
Processed By